

## **TRI-PARISH COVID-19 RELIEF SERVICES**

These are troubling times we are in, and chances are there are people who are going to be needing some assistance to get through this Covid-19 situation.

A group from the Tri-Parish are setting up to be able to provide some assistance to individuals who live in the Tri-Parish.

**PICK-UP AND DELIVERY SERVICE:** This group is currently in a position to offer a pick-up and delivery service, for pre-paid groceries, health care products, prescriptions, etc. Should anyone in the Tri Parish require this service, call the Tri-parish office at 902-386-2810. Call... between 1:00 p.m. and 3:30 p.m. on Monday - Friday only. This is a free service being offered by volunteers from the Tri-Parish. As this service does not include the transportation of people(due to Covid-19), should you require transportation please call Antigonish Community Transit book-a-ride at 902-867-0411.

**KEEPING IN TOUCH SERVICE:** There are some people in the Tri-Parish who might be living alone, have no family in the area to have a chat with or simply no one to talk to. If you are one of these people or know of someone who would appreciate a call once in awhile to say hello and make sure you are alright, please call the Tri-Parish office at 902-386-2810 and get your name on a list.

Keep your eyes and ears open as there will be other helpful services to be announced soon. **VOLUNTEERS NEEDED.** E-mail [clarencedeyoung@gmail.com](mailto:clarencedeyoung@gmail.com)